



## Letter to the Editor

## Magnetic fields in noninvasive heart stimulation: A novel approach for anti-atrial fibrillation



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Atrial fibrillation (AF) is known to result from and result in changes in atrial electrophysiology, atrial tissue architecture, and the autonomic nervous system (ANS) [1]. Previous studies have established that intrinsic cardiac ANS and extrinsic cardiac ANS, such as ganglionated plexus and left stellate ganglion, play a key role in the initiation and maintenance of AF [2–4]. Direct neural recording also demonstrated that simultaneous cardiac sympathovagal discharges are the most common triggers of paroxysmal atrial tachycardia and AF [5]. Low-level vagus nerve stimulation (VNS), however, may suppress atrial fibrillation by inhibiting cardiac ANS neural activity [4,6,7]. Currently, VNS is used to treat refractory epilepsy and has been extended to heart failure, ventricular arrhythmia and Alzheimer's disease [8,9]. However, VNS and other stimulation modalities (such as spinal cord stimulation and carotid baroreceptor stimulation), which could cause a VNS-like effect, are implanted device-based. Despite their successes, there are still challenges when using implanted device-based stimulation in long-term studies, potentially due to the damage of the nerve and surrounding tissue, foreign body response from neural tissue and high-expense [10]. To address this, to explore a noninvasive stimulation that does not require direct contact to nerve is necessary.

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During the past decade, noninvasive transcranial magnetic stimulation has been proposed as a clinical neurophysiology tool and as a potential adjuvant treatment for psychiatric and neurologic conditions, such as epilepsy, multiple sclerosis, and Parkinson's disease. Though the precise mechanism underlying the salutary effect of transcranial magnetic stimulation remains unknown, authors have contributed it to the modulation of central nervous system plasticity [11]. Scherlag et al. showed that cervical vagosympathetic trunk exposure to low-frequency magnetic field (amplitude 2.87  $\mu$ G, frequency 0.043) may result in heart rate slowing and AF suppressing [12]. Exposure to high-frequency magnetic field (amplitude 0.34  $\mu$ G, frequency 2 kHz), however, may result in a significant increase in atrial tachycardia and AF, and this could be eliminated by intravenous administration of propranolol and atropine [12]. All these suggested that magnetic vagosympathetic trunk stimulation may exert a vagal-like effect on AF. Recently, we studied the effect of low-level magnetic stimulation (amplitude 0.034  $\mu$ G, frequency 0.952 kHz), which would not affect the sinus rate and AV conduction, on cardiac ANS activity and rapid atrial pacing-induced AF. We found that low-level magnetic stimulation of both cervical vagal trunks may significantly attenuate right stellate ganglion and ganglionated plexus function, which were determined by sinus rate acceleration and slowing response to incremental stimulation, respectively, in the normal canine model [13]. Also, noninvasive low-level magnetic stimulation may reverse AF inducibility by suppressing intrinsic cardiac neural activity in rapid atrial pacing-induced AF without affecting the sinus rate and AV conduction. Low-level magnetic stimulation, a stimulation modality that does not require direct electrical contact to tissue, may result in a resemblance effect of low-level VNS on AF just by encompassing the dog chest with a Helmholtz coil [13]. Low-level magnetic stimulation may be a novel, noninvasive approach to treat AF.

## Conflicts of interest

No.

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